



Week At a Glance

Menu: Copy of Copy of Selective 5 PB S/S 2019

Week

Sun 11/22/2020 (Day 22)	Mon 11/23/2020 (Day 23)	Tue 11/24/2020 (Day 24)	Wed 11/25/2020 (Day 25)	Thu 11/26/2020 (Day 26)	Fri 11/27/2020 (Day 27)	Sat 11/28/2020 (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Breakfast Casserole Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Cinnamon Roll French Toast Casserole Butter/Syrup Bacon or Sausage Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Sausage Gravy Buttermilk Biscuit Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Pancakes Butter/Syrup Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Links Toast Butter/Jelly Coffee, Tea, Water or Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Penne with Sausage Garden Salad Ranch, 1000 Island, Dorothy Lynch or Italian Garlic Bread -or- Vegetable Soup Grilled Ham & Colby Jack Cheese Sandwich ----- Apple Cream Streusel Bar ----- Beverage	Shrimp Scampi over Spaghetti w/ Parmesan Butter Steamed Fresh Broccoli -or- Beef Barley Soup Turkey Salad Sandwich Pickle Spear ----- Strawberry Rhubarb Crisp ----- Beverage	Sloppy Joe on Bun American Cheese/Pickle Chips Chef Cut Vegetables Hash Brown Patty -or- Butternut Squash Soup Grilled Chicken Breast on a Bun Lettuce, Tomato & Mayo ----- White Cake with Strawberry Topping ----- Beverage	Open Faced Hot Beef Sandwich Brown Gravy Mashed Potatoes Green Beans -or- Hearty Potato Soup Bacon and/or Cheese toppings Grilled Cheese Sandwich ----- Blonde Brownie ----- Beverage	Homemade Meatloaf Roasted Potatoes & Carrots Buttered Peas Bread/Butter -or- Beef Chili Crackers Sticky Bun ----- Cantaloupe and Grapes ----- Milk/Beverage	Turkey Pot Pie with Biscuit Five Way Mixed Vegetables -or- New England Clam Chowder Egg Salad Sandwich with Lettuce & Tomato ----- Fruit Bar ----- Beverage	Cheeseburger on Bun Relish Plate lettuce/tomato/onion Ketchup/Mustard Fries -or- Strawberry & Feta Salad Roast Beef Sandwich Lettuce, Tomato & Mayo Pickle Spear ----- Black Forest Cake ----- Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Teriyaki Ginger Rice California Blend Vegetables -or- Vegetable Soup Grilled Ham & Colby Jack Cheese Sandwich ----- Pineapple and Grapes	Pizza Burger on Bun Garden Pasta Salad -or- Beef Barley Soup Turkey Salad Sandwich Pickle Spear ----- Tapioca Pudding	Taco Casserole with Shredded Lettuce and Diced Tomatoes Sour Cream & Salsa Guacamole Dip Corn Chips -or- Butternut Squash Soup Grilled Chicken Breast on a Bun	Chicken Ala King Puff Pastry Sliced Beet Salad -or- Hearty Potato Soup Bacon and/or Cheese toppings Grilled Cheese Sandwich -----	Salmon Burger on a Bun Lettuce & Tomato Mustard Dill Sauce Steamed Fresh Broccoli -or- Beef Chili Crackers Sticky Bun	Tastee Sandwich on a Bun Pickle Chips / Mustard Onion Petals Onion Dipping Sauce -or- New England Clam Chowder Egg Salad Sandwich with	Sweet & Sour Pork Steamed Rice W/ Diced Peppers & Onions Vegetable Egg Roll Sweet 'N Sour Sauce -or- Strawberry & Feta Salad Roast Beef Sandwich Lettuce, Tomato & Mayo



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Week 4

Milk/Beverage	Milk/Beverage	Lettuce, Tomato & Mayo ----- Churro ----- Milk/Beverage	Snicker Cake ----- Milk/Beverage	Iced Banana Bar ----- Milk/Beverage	Lettuce & Tomato ----- Pumpkin Crisp ----- Milk/Beverage	Pickle Spear ----- Sherbet Cup ----- Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!