



Week At a Glance

Menu: Copy of Copy of Selective 5 PB S/S 2019

Week

| Sun 11/08/2020 (Day 8) | Mon 11/09/2020 (Day 9) | Tue 11/10/2020 (Day 10) | Wed 11/11/2020 (Day 11) | Thu 11/12/2020 (Day 12) | Fri 11/13/2020 (Day 13) | Sat 11/14/2020 (Day 14) |
|--|---|---|--|---|---|---|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Iced Cinnamon Roll Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Blueberry Pancake Butter/Syrup Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Denver Omelet Casserole Toast Butter/Jelly Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk | OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Cinnamon Raisin Biscuit Butter/Jelly Coffee, Tea, Water or Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Breaded Chicken Breast Mashed Potatoes & Gravy Buttered Peas Dinner Roll/Butter (or) Ranch Cucumber & Tomato Salad Roast Beef & Swiss Sandwich Mayonnaise Pickle Spear ----- Peach Crumb Slab Pie ----- Beverage | Lemon Baked Cod Tartar Sauce Lemon Wedge Parsley Buttered Noodles Steamed Fresh Broccoli (or) Minestrone Soup CROUTON/PARMESAN CHEESE BLT Salad with Ranch Dressing ----- Apple Crisp ----- Beverage | Chicken Fried Rice Soy Sauce Stir Fry Vegetables (or) Vegetable Beef Soup Ham Salad Sandwich Lettuce & Tomato ----- Mandarin Oranges & Pineapple ----- Beverage | Beef Pot Roast Roasted Potatoes & Carrots Bread/Butter -or- Tomato Pesto Soup Grilled Cheese Sandwich ----- Peach Dump Cake ----- Beverage | Beef Stroganoff Casserole Peas & Carrots Bread/Butter (or) Italian Wedding Soup Cheeseburger on Bun Ketchup/Mustard Lettuce, Tomato, Pickle, Onion ----- Orange Delight ----- Beverage | Roasted Chicken Thigh Chicken Gravy Apple Stuffing Creamed Spinach -or- New England Clam Chowder Grilled Reuben Sandwich on Marble Rye Pickle Spear ----- Caramel Nut Cake ----- Beverage | Roast Pork Tenderloin W/ Gravy Au Gratin Potatoes Five Way Mixed Vegetables Dinner Roll/Butter -or- Beef Chili Shredded Cheese Sticky Bun Crackers ----- Berry Shortcake ----- Beverage |
| Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| Pizza Pasta Casserole Chef Cut Vegetables (or) Ranch Cucumber & Tomato Salad Roast Beef & Swiss Sandwich Mayonnaise Pickle Spear ----- Banana Pudding Dessert | Corn Dog Mustard Garden Pasta Salad Five Way Mixed Vegetables (or) Minestrone Soup CROUTON/PARMESAN CHEESE BLT Salad with Ranch Dressing ----- | Cheesy Beef Biscuit Bake Caesar Salad -or- Vegetable Beef Soup Ham Salad Sandwich Lettuce & Tomato ----- Strawberry Shortcake Cookie ----- | Breaded Chicken Tenders Chicken Dipping Sauce Baked Beans Southwest Macaroni Salad -or- Tomato Pesto Soup Grilled Cheese Sandwich ----- Blonde Brownie | Incredible Quiche Hash Brown Patty Fruit Muffin/Butter -or- Italian Wedding Soup Cheeseburger on Bun Ketchup/Mustard Lettuce, Tomato, Pickle, Onion ----- | Nacho Chicken Bake Salsa Garden Salad Ranch, 1000 Island, Dorothy Lynch or Italian (or) New England Clam Chowder Grilled Reuben Sandwich on Marble Rye Pickle Spear ----- | Cheese Manicotti with Marinara Cucumber & Onion Salad Garlic Bread -or- Beef Chili Shredded Cheese Sticky Bun Crackers ----- |



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Menu: Copy of Copy of Selective 5 PB S/S 2019

Week 2

| Week 2 | | | | | | |
|--|--|--|--|--|---|---|
| ----- Milk/Beverage | Sherbet Cup ----- Milk/Beverage | Milk/Beverage | ----- Milk/Beverage | Ice Cream Sandwich ----- Milk/Beverage | French Silk Dessert ----- Milk/Beverage | Pumpkin Pie Bar ----- Milk/Beverage |
| Evening Snack | Evening Snack | Evening Snack | Evening Snack | Evening Snack | Evening Snack | Evening Snack |
| Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx | Fruit Drink Asst.Snacks/Cookies/Crx |

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!