



Week At a Glance

Menu: Copy of Copy of Selective 5 PB S/S 2019

Week

Sun 11/15/2020 (Day 15)	Mon 11/16/2020 (Day 16)	Tue 11/17/2020 (Day 17)	Wed 11/18/2020 (Day 18)	Thu 11/19/2020 (Day 19)	Fri 11/20/2020 (Day 20)	Sat 11/21/2020 (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Lemon Blueberry Muffin Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Cinnamon Roll French Toast Casserole Butter/Syrup Bacon or Sausage Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Breakfast Egg English Muffin Sandwich with Bacon or Sausage Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Cinnamon Bread Toast Butter/Jelly Coffee, Tea, Water or Milk	OJ, Apple, Grape, Cranberry, V8 and Prune Juice Oatmeal, Cream of Wheat Brown Sugar/Raisin Bran or Corn Flakes, Cherrios or Rice Krispies. Rice Chex Eggs: Scrambled or Fried Hard or Over Easy Bacon or Sausage Toast Butter/Jelly Coffee, Tea, Water or Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Salmon Burger on a Bun Mustard Dill Sauce American Cheese Loaded Cauliflower Casserole -or- Beef Noodle Soup Tossed Spinach Salad with Strawberries Berry Vinaigrette ----- Cantaloupe ----- Beverage	Breaded Chicken Breast Ranch Dressing Corn on the Cob with Seasoned Butter Roasted Zucchini -or- Hearty Potato Soup Bacon and/or Cheese toppings Turkey Sandwich Lettuce, Tomato & Mayo ----- Butterscotch Dessert ----- Beverage	Chicken Alfredo Bake Chef Cut Vegetables -or- White Chicken Chili Ham Croissant Sandwich with Lettuce, Tomato & Mayo ----- Boston Cream Dessert ----- Beverage	Braised Balsamic Chicken Sour Cream Potatoes Chef Cut Vegetables -or- Minestrone Soup Croutons Caesar Salad Parmesan Cheese ----- Lemon Bar ----- Beverage	Swiss Steak Oven Roasted Onion & Rosemary Potatoes California Blend Vegetables -or- Chicken Noodle Soup Egg Salad Sandwich ----- Pumpkin Dessert Lasagna ----- Beverage	Lemon Baked Cod Tartar Sauce Macaroni & Cheese Steamed Baby Carrots -or- Corn Chowder Grilled Turkey & Swiss Sandwich Pickle Spear ----- Apple Blossom Dessert ----- Pumpkin Dessert Lasagna Beverage	Glazed Baked Ham Baked Potato Half Sour Cream & Butter Asparagus -or- Cauliflower Cheese Soup Chicken Salad on Croissant Lettuce & Tomato ----- Frosted Chocolate Cake ----- Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tuna Noodle Casserole California Blend Vegetables -or- Beef Noodle Soup Tossed Spinach Salad with Strawberries Berry Vinaigrette ----- Caramel Apple Oatmeal Cookie	Beef Pot Pie with Biscuit Cottage Cheese w/ Diced Peaches -or- Hearty Potato Soup Bacon and/or Cheese toppings Turkey Sandwich Lettuce, Tomato & Mayo -----	Cheeseburger on Bun Lettuce, Tomato, Pickle, Onion Ketchup/Mustard Tater Tots -or- White Chicken Chili Ham Croissant Sandwich Lettuce, Tomato & Mayo	Cheese Tortellini with Marinara Sauce Green Peas Focaccia Bread -or- Minestrone Soup Croutons Caesar Salad Parmesan Cheese	Hawaiian Meatballs Steamed Rice Soy Sauce Stir Fry Vegetables -or- Chicken Noodle Soup Egg Salad Sandwich -----	Citrus Chicken with Rice Sour Cream & Salsa Steamed Peas -or- Corn Chowder Grilled Turkey & Swiss Sandwich Pickle Spear -----	Hot Meatloaf Sandwich Brown Gravy Mashed Potatoes Mixed Vegetables -or- Cauliflower Cheese Soup Chicken Salad on Croissant Lettuce & Tomato



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Week 3

----- Milk/Beverage ----- Milk/Beverage	Rice Krispie Treat ----- Milk/Beverage	----- Smores Dessert Bar ----- Milk/Beverage	----- Carrot Cake Bar w/Cream Cheese Frosting ----- Milk/Beverage	----- Frog Eye Fruit Salad ----- Milk/Beverage	Bread Pudding ----- Milk/Beverage	----- Watermelon ----- Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!